

Rainbow fruit cup

Reading · Lectura en inglés británico (instrucciones): Vaso arcoíris de fruta

Last Friday, Class 4A prepared these fruit cups at school. They were colourful and delicious! You don't need a knife, and you don't need to cook.

You need: a big glass, a small bowl, a spoon, six strawberries, one mandarin, one banana, ten green grapes, a handful of blueberries, four tablespoons of plain yogurt and one teaspoon of honey.

1. Wash your hands and the fruit.
2. Pull the green leaves off the strawberries.
3. Peel the mandarin and separate the pieces.
4. Peel the banana and break it into small pieces.
5. Now make your rainbow! First, put the strawberries at the bottom of the glass. Then add a layer of mandarin, a layer of banana, a layer of grapes and, finally, the blueberries.
6. Mix the yogurt and the honey in the bowl. Then put the mixture on top of the fruit.

Tip: Ripe bananas are softer and sweeter than green bananas. Your fruit cup is nicer when it is cold, so put it in the fridge for ten minutes.



Word bank · Vocabulario

knife: cuchillo

bowl: bol, cuenco

bottom: fondo

a handful of: un puñado de

blueberries: arándanos

tablespoon: cucharada (de cuchara grande)

teaspoon: cucharadita

honey: miel

peel: pelar

layer: capa

ripe: maduro, madura

fridge: nevera

Rainbow fruit cup

1 Put the steps in order.

Ordena los pasos de la receta: numéralos del 1 al 5.

- ☐ Peel the mandarin and the banana.
- ☐ Add the grapes and the blueberries.
- ☐ Put the yogurt and the honey on top.
- ☐ Put the strawberries at the bottom of the glass.
- ☐ Wash your hands and the fruit.

2 True or false?

Lee cada frase y decide si es verdadera o falsa.

1. You need a knife for this recipe.
2. Class 4A prepared the fruit cups last Friday.
3. Green bananas are sweeter than ripe bananas.
4. You mix the yogurt and the honey in the bowl.

☐ T	☐ F
☐ T	☐ F
☐ T	☐ F
☐ T	☐ F

3 Read and answer.

Lee y responde: elige la opción correcta o escribe la respuesta.

1. What colour is the fruit at the bottom of the glass?
a) green b) red c) yellow
2. How many strawberries do you need?
a) ten b) four c) six
3. Which fruit is the third layer in the glass?

4 Your turn: write a recipe.

Ahora tú: escribe una receta. La respuesta es libre; la solución solo da un ejemplo.

1. Write a recipe for your own fruit cup. Use three fruits and the words first, then and finally.

Open answer · Respuesta libre



2. Compare two fruits. Write a sentence with bigger, smaller, softer or sweeter.

[Open answer](#) · [Respuesta libre](#)

Rainbow fruit cup • Answer key

Soluciones • Reading • Lectura en inglés británico (instrucciones): Vaso arcoíris de fruta

1 Put the steps in order.

Ordena los pasos de la receta: numéralos del 1 al 5.

- ☐ 2 Peel the mandarin and the banana.
- ☐ 4 Add the grapes and the blueberries.
- ☐ 5 Put the yogurt and the honey on top.
- ☐ 3 Put the strawberries at the bottom of the glass.
- ☐ 1 Wash your hands and the fruit.

2 True or false?

Lee cada frase y decide si es verdadera o falsa.

- 1. You need a knife for this recipe.
- 2. Class 4A prepared the fruit cups last Friday.
- 3. Green bananas are sweeter than ripe bananas.
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3 Read and answer.

Lee y responde: elige la opción correcta o escribe la respuesta.

- 1. What colour is the fruit at the bottom of the glass?
a) green ☒ b) red c) yellow
- 2. How many strawberries do you need?
a) ten b) four ☒ c) six
- 3. Which fruit is the third layer in the glass?

The banana.

- 4. How long do you put the fruit cup in the fridge?

For ten minutes.

4 Your turn: write a recipe.

Ahora tú: escribe una receta. La respuesta es libre; la solución solo da un ejemplo.

1. Write a recipe for your own fruit cup. Use three fruits and the words first, then and finally.

[Open answer](#) · [Respuesta libre](#)

Respuesta libre. Ejemplo: First, wash your hands and the fruit. Then peel a banana and break it into pieces. Put the banana, some grapes and some raspberries in a glass. Finally, put some yogurt on top.

2. Compare two fruits. Write a sentence with bigger, smaller, softer or sweeter.

[Open answer](#) · [Respuesta libre](#)

Respuesta libre. Ejemplo: A strawberry is smaller than a banana.